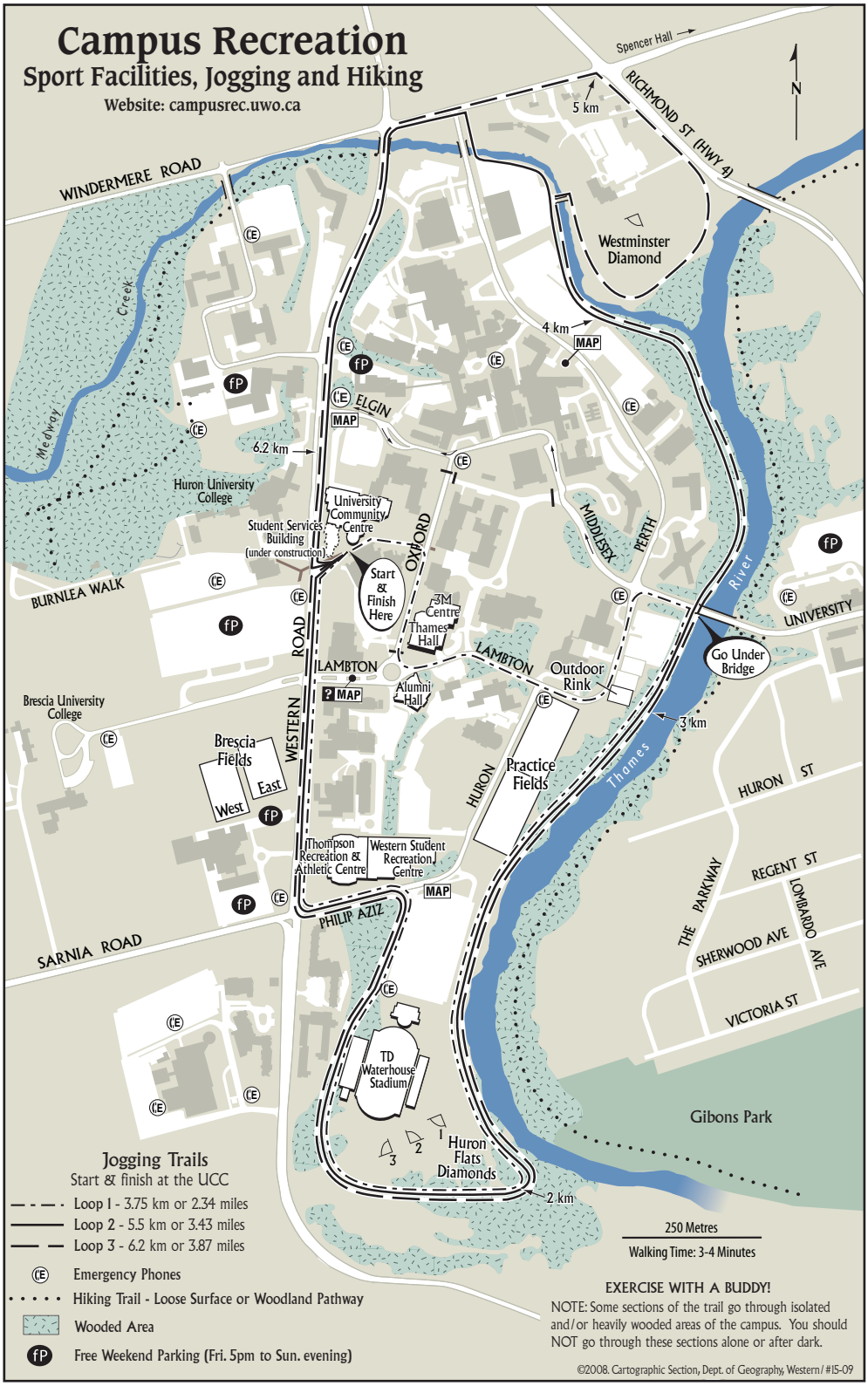
Campus Recreation

Sport Facilities, Jogging and Hiking

Website: campusrec.uwo.ca



Jogging Trails

Start & finish at the UCC

- Loop 1 - 3.75 km or 2.34 miles
- Loop 2 - 5.5 km or 3.43 miles
- Loop 3 - 6.2 km or 3.87 miles

CE Emergency Phones

Hiking Trail - Loose Surface or Woodland Pathway

Wooded Area

fP Free Weekend Parking (Fri. 5pm to Sun. evening)

EXERCISE WITH A BUDDY!

NOTE: Some sections of the trail go through isolated and/or heavily wooded areas of the campus. You should NOT go through these sections alone or after dark.

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